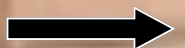


Senior Calendar December 2019



<p>2</p> <p><u>MONDAY</u></p> <p>Strength & Flex 8:30 Sarah's Class 10:00 Ping pong 9 -12 pm Pickleball 9-12 pm Senior Spin 3:30</p> <p>LifeStream Lunch 11:00</p>	<p>4</p> <p><u>TUESDAY</u></p> <p>SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball 9:00-12:00 LifeStream Lunch 11:00</p>	<p>5</p> <p><u>WEDNESDAY</u></p> <p>Boot Camp 8:30am Sarah's Class 10:00 Ping Pong 9-12 pm Pickleball 9-12 pm Senior Spin 3:30 LifeStream Lunch 11:00 Woodcarving 6:00 pm</p>	<p>6</p> <p><u>THURSDAY</u></p> <p>SilverSneakers Classic 10:00 Pickleball 9:00-12:00 Yoga w/ Paul 2:30pm LifeStream Lunch 11:00</p> <p>Card Club 1:00</p>	<p>7</p> <p><u>FRIDAY</u></p> <p>Senior Fit Mix 8:30 Judy & Sharon's Cardio Class 10:00 Ping pong 9 -12 pm Pickleball 9-12 pm</p>
<p>9</p> <p><u>MONDAY</u></p> <p>Strength & Flex 8:30 Sarah's Class 10:00 Ping pong 9 -12 pm Pickleball 9-12 pm Senior Spin 3:30</p> <p>LifeStream Lunch 11:00</p>	<p>11</p> <p><u>TUESDAY</u></p> <p>SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball 9:00-12:00 LifeStream Lunch 11:00</p>	<p>12</p> <p><u>WEDNESDAY</u></p> <p>Boot Camp 8:30am Sarah's Class 10:00 Ping Pong 9-12 pm Pickleball 9-12 pm Senior Spin 3:30 LifeStream Lunch 11:00 Woodcarving 6:00 pm</p>	<p>13</p> <p><u>THURSDAY</u></p> <p>SilverSneakers Classic 10:00 Pickleball 9:00-12:00 Yoga w/ Paul 2:30pm</p> <p>LifeStream Lunch 11:00</p>	<p>14</p> <p><u>FRIDAY</u></p> <p>Senior Fit Mix 8:30 Judy & Sharon's Cardio Class 10 Ping pong 9 -12 pm Pickleball 9-12 pm</p>

December 17th-31st



16

MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
Senior Spin 3:30

LifeStream Lunch 11:00

17

TUESDAY

SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00

**White Elephant
Christmas Party @ 11**

18

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Pickleball/PingPong 9-12
Senior Spin 3:30

LifeStream Lunch 11:00

Woodcarving 6:00 pm

19

THURSDAY

SilverSneakers
Classic 10:00
Pickleball 9:00-12:00

LifeStream Lunch 11:00

Card Club 1:00

20

FRIDAY

Senior Fit Mix 8:30
Judy & Sharon's
Cardio class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

23

MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
Senior Spin 3:30

LifeStream Lunch 11:00

24

CLOSED



25

CLOSED



26

CLOSED

27

FRIDAY

Senior Fit Mix 8:30
Judy & Sharon's
Cardio class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

30

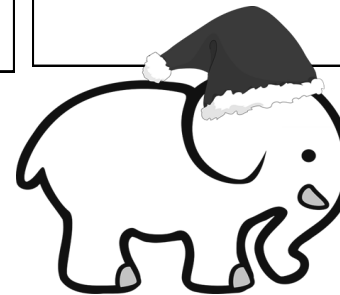
MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
Senior Spin 3:30

LifeStream Lunch 11:00

31

CLOSED



12/17 at 11am
OPEN TO THE PUBLIC
Bring a gift that you
are no longer using

White elephant gift exchange. ... The term **white elephant** refers to an extravagant but burdensome **gift** that cannot be easily disposed of, based on the legend of the King of Siam gifting rare albino **elephants** to courtiers who had displeased him, that they might be ruined by the animals' upkeep costs. This game is meant for fun!