

February 2018

Mon	Tue	Wed	Thu	Fri	Sat
			1 Boom- 12:00 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm	2 CYCLING- Angie 6:00am	3 HARD CORE Dawn 10:00am
5 RYTHMS&FLAWS-Josie 4:30pm SPINNING- Laurette 5:00pm	6 Boom- 12:00 SPINNING-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm YOGA-Eric 6:00pm YOGA-Eric 7:15pm	7 CYCLING-Angie6:00am YOGA-Tonja 4:30pm RYTHMS&FLAWS- Josie 4:30 LINE DANCING-Jaime 6:00pm-8:00pm SPINNING-Laurette 5:00pm	8 Boom- 12:00 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm	9 CYCLING- Angie 6:00am	10 HARD CORE Dawn 10:00am
12 RYTHMS&FLAWS-Josie 4:30pm SPINNING- Laurette 5:00pm	13 Boom- 12:00 SPINNING-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm YOGA-Eric 6:00pm YOGA-Eric 7:15pm	14 CYCLING-Angie6:00am YOGA-Tonja 4:30pm RYTHMS&FLAWS- Josie 4:30 LINE DANCING-Jaime 6:00pm-8:00pm SPINNING-Laurette 5:00pm	15 Boom- 12:00 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm	16 CYCLING- Angie 6:00am	17 HARD CORE Dawn 10:00am
19 RYTHMS&FLAWS-Josie 4:30pm SPINNING- Laurette 5:00pm	20 Boom- 12:00 SPINNING-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm YOGA-Eric 6:00pm YOGA-Eric 7:15pm	21 CYCLING-Angie6:00am YOGA-Tonja 4:30pm RYTHMS&FLAWS- Josie 4:30 LINE DANCING-Jaime 6:00pm-8:00pm SPINNING-Laurette 5:00pm	22 Boom- 12:00 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm	23 CYCLING- Angie 6:00am	24 HARD CORE Dawn 10:00am
26 RYTHMS&FLAWS-Josie 4:30pm SPINNING- Laurette 5:00pm	27 Boom- 12:00 SPINNING-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm YOGA-Eric 6:00pm YOGA-Eric 7:15pm	28 CYCLING-Angie6:00am YOGA-Tonja 4:30pm RYTHMS&FLAWS- Josie 4:30 LINE DANCING-Jaime 6:00pm-8:00pm SPINNING-Laurette 5:00pm			

