

FEBRUARY 2019

Mon	Tue	Wed	Thu	Fri	Sat
				1 CYCLING Angie 6:00am HARD CORE-Autum 4:30	2 HARD CORE Dawn 10:00am
4 HARD CORE-Autum 4:30pm SPINNING Laurette 5:00pm Line Dancing with Jamie 5:30pm	5 SPIN-Nancy 3:45 pm HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm MOMMY & ME-Chelsea 5:45pm	6 CYCLING-Angie 6:00am Yoga-Tonja 4:30pm HARD CORE-Autum 4:30pm SPINNING-Laurette 5:00pm	7 SPIN-Nancy 3:45 pm HARD CORE-Dawn 4:30pm YOGA- Hanna 5:30pm	8 CYCLING Angie 6:00am HARD CORE-Autum 4:30	9 HARD CORE Dawn 10:00am Upstairs Room
11 HARD CORE-Autum 4:30pm SPINNING Laurette 5:00pm Line Dancing with Jamie 5:30pm	12 SPIN-Nancy 3:45 pm HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm MOMMY & ME-Chelsea 5:45pm	13 CYCLING-Angie 6:00am Yoga-Tonja 4:30pm HARD CORE-Autum 4:30pm SPINNING-Laurette 5:00pm	14. SPIN-Nancy 3:45 pm HARD CORE-Dawn 4:30pm YOGA- Hanna 5:30pm	15 CYCLING Angie 6:00am HARD CORE-Autum 4:30	16 HARD CORE Dawn 10:00am Upstairs Room
18 HARD CORE-Autum 4:30pm SPINNING Laurette 5:00pm Line Dancing with Jamie 5:30pm	19 SPIN-Nancy 3:45 pm HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm MOMMY & ME-Chelsea 5:45pm	20 CYCLING-Angie 6:00am Yoga-Tonja 4:30pm HARD CORE-Autum 4:30pm SPINNING-Laurette 5:00pm	21 SPIN-Nancy 3:45 pm HARD CORE-Dawn 4:30pm YOGA- Hanna 5:30pm	25. CYCLING Angie 6:00am HARD CORE-Autum 4:30	23 HARD CORE Dawn 10:00am
25 HARD CORE-Autum 4:30pm SPINNING Laurette 5:00pm Line Dancing with Jamie 5:30pm	26 SPIN-Nancy 3:45 pm HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm MOMMY & ME-Chelsea 5:45pm	27 CYCLING-Angie 6:00am Yoga-Tonja 4:30pm HARD CORE-Autum 4:30pm SPINNING-Laurette 5:00pm	28 SPIN-Nancy 3:45 pm HARD CORE-Dawn 4:30pm YOGA- Hanna 5:30pm		