

June 2018



1
FRIDAY
Senior Fit Mix 8:30
Judy & Sharon's
Cardio Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm

4
MONDAY
Strength & Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00

5
TUESDAY
SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
LifeStream Lunch 11:00

6
WEDNESDAY
Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00
NO CRAFT CLUB
Woodcarving 6:00 pm

7
THURSDAY
SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
Yoga w/ Paul 2:30pm
LifeStream Lunch 11:00
Card Club 1:00

8
FRIDAY
Senior Fit Mix 8:30
Judy & Sharon's
Cardio Class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

June 11th-29th 

11

MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00

12

TUESDAY

SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
LifeStream Lunch 11:00

13

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Pickleball/PingPong 9-12
LifeStream Lunch 11:00

Woodcarving 6:00 pm

14

THURSDAY

SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
Yoga w/ Paul 2:30
LifeStream Lunch 11:00

15

FRIDAY

Senior Fit Mix 8:30
Judy & Sharon's
Cardio class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

18

MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00

19

TUESDAY

SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
LifeStream Lunch 11:00

20

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00

Craft Club 1-2
Woodcarving 6:00 pm

21

THURSDAY

SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
Yoga w/ Paul 2:30
LifeStream Lunch 11:00

Card Club 1:00

22

FRIDAY

Senior Fit Mix 8:30
Judy & Sharon's
Cardio class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

Movie Night
"Wonder"

25

MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00

26

TUESDAY

SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
LifeStream Lunch 11:00

27

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00

Woodcarving 6:00 pm

28

THURSDAY

SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
Yoga w/ Paul 2:30
LifeStream Lunch 11:00

Bingo 1:00—3:00

29

FRIDAY

Senior Fit Mix 8:30
Judy & Sharon's
Cardio class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm