

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 cycling-Angie 6:00am Yoga-Tonja 4:00pm Spinning-Laurette 5:00pm	2 Spin-Nancy 3:45 pm Hard Core- Dawn 4:30pm Yoga- Hannah 5:30pm	3 Cycling-Angie 6:00am
6 Hard Core- Dawn 5:30am Spinning-Laurette 5:00pm	7 Spin-Nancy 3:45pm Hard Core-Dawn 4:30pm Yoga- Hannah 5:30pm	8 cycling-Angie 6:00am Yoga-Tonja 4:00pm Spinning-Laurette 5:00pm	9 Spin-Nancy 3:45 pm Hard Core- Dawn 4:30pm Yoga- Hannah 5:30pm	10 Hard Core- Dawn 5:30am Cycling-Angie 6:00am
13 Hard Core- Dawn 5:30am Spinning-Laurette 5:00pm	14 Spin-Nancy 3:45pm Hard Core-Dawn 4:30pm Yoga- Hannah 5:30pm	15 cycling-Angie 6:00am Yoga-Tonja 4:00pm Spinning-Laurette 5:00pm	16 Spin-Nancy 3:45 pm Hard Core- Dawn 4:30pm Yoga- Hannah 5:30pm	17 Hard Core- Dawn 5:30am Cycling-Angie 6:00am
20 Hard Core- Dawn 5:30am Spinning-Laurette 5:00pm	21 Spin-Nancy 3:45pm Hard Core-Dawn 4:30pm Yoga- Hannah 5:30pm	22 cycling-Angie 6:00am Yoga-Tonja 4:00pm Spinning-Laurette 5:00pm	23 Spin-Nancy 3:45 pm Hard Core- Dawn 4:30pm Yoga- Hannah 5:30pm	24 Hard Core- Dawn 5:30am Cycling-Angie 6:00am
27 Hard Core- Dawn 5:30am Spinning-Laurette 5:00pm	28 Spin-Nancy 3:45pm Hard Core-Dawn 4:30pm Yoga- Hannah 5:30pm	29 cycling-Angie 6:00am Yoga-Tonja 4:00pm Spinning-Laurette 5:00pm	30 Spin-Nancy 3:45 pm Hard Core- Dawn 4:30pm Yoga- Hannah 5:30pm	31 Hard Core- Dawn 5:30am Cycling-Angie 6:00am