

MAY 2018

Mon	Tue	Wed	Thu	Fri	Sat
	1 SPIN-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6:00pm	2 CYCLING-Angie-6:00am RHYTHMS&FLAWS- Josie 4:30pm LINE DANCING Jaime 6:00pm SPINNING-Laurette 5:00pm	3 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm	4 CYCLING- Angie 6:00am	5 HARD CORE Dawn 10:00am Upstairs Room
7 RHYTHMS&FLAWS- Josie 4:30pm SPINNING- Laurette 5:00pm	8 SPIN-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6:00pm	9 CYCLING-Angie 6:00am RHYTHMS&FLAWS- Josie 4:30pm LINE DANCING Jaime 6:00pm SPINNING-Laurette 5:00pm	10 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm	11 CYCLING- Angie 6:00am	12 HARD CORE Dawn 10:00am Upstairs Room
14 RHYTHMS&FLAWS- Josie 4:30pm SPINNING- Laurette 5:00pm	15 SPIN-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6:00pm	16 CYCLING-Angie 6:00am RHYTHMS&FLAWS- Josie 4:30pm LINE DANCING- Jaime 6:00pm SPINNING-Laurette 5:00pm	17 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm	18 CYCLING- Angie 6:00am	19 HARD CORE Dawn 10:00am Upstairs Room
21 RHYTHMS&FLAWS- Josie 4:30pm SPINNING- Laurette 5:00pm	22 SPIN-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6:00pm	23 CYCLING-Angie 6:00am RHYTHMS&FLAWS- Josie 4:30pm LINE DANCING- Jaime 6:00pm SPINNING-Laurette 5:00pm	24 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm	25 CYCLING- Angie 6:00am	26 HARD CORE Dawn 10:00am Upstairs Room
28 RHYTHMS&FLAWS- Josie 4:30pm SPINNING- Laurette 5:00pm	29 SPIN-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6:00pm	30 CYCLING-Angie 6:00am RHYTHMS&FLAWS- Josie 4:30 LINE DANCING- Jaime 6:00pm SPINNING-Laurette 5:00pm	31 SPINNING- Nancy 3:45pm HARD CORE-Dawn 4:30pm		