



1
FRIDAY
Senior Fit Mix 8:30
Senior class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm
Movie Night 6pm
Showing "Christmas with the Kranks"

4
MONDAY
Strength & Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
Senior Spin 4:00
LifeStream Lunch 11:00

5
TUESDAY
SilverSneakers Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
Senior Spin 4:00
LifeStream Lunch 11:30

6
WEDNESDAY
Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9-12 pm
Craft Club 1:00
LifeStream Lunch 11:00
Woodcarving 6:00 pm

7
THURSDAY
SilverSneakers Classic 10:00
Pickleball 9:00-12:00
Senior Spin 4:30
SeniorYoga 2:00
Card Club 1:00
LifeStream Lunch 11:30
Heart Attack/ Stroke Presentation 11am

8
FRIDAY
Senior Fit Mix 8:30
Senior Class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

11
MONDAY
Strength & Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
Senior Spin 4:00
LifeStream Lunch 11:00

12
TUESDAY
SilverSneakers Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
Senior Spin 4:00
LifeStream Lunch 11:30

13
WEDNESDAY
Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00
Woodcarving 6:00 pm

14
THURSDAY
SilverSneakers Classic 10:00
Pickleball 9:00-12:00
Senior Spin 4:30pm
SeniorYoga 2:00
LifeStream Lunch 11:30
SCRAP BOOKING PROGRAM 1pm-2pm

15
FRIDAY
Senior Fit Mix 8:30
Senior Class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

December 18th-31st →

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MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
Senior Spin 4:00
LifeStream Lunch 11:30

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TUESDAY

SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
LifeStream Lunch 11:30

White Elephant
Christmas Party 11am

Senior Spin 4:00

20

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Pickleball/PingPong 9-12
LifeStream Lunch 11:30

Craft Club 1-2

Woodcarving 6:00 pm

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THURSDAY

SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
Card Club 1:00-3:30
Senior Spin 4:30
Senior Yoga 2:00
LifeStream Lunch 11:30

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FRIDAY

Senior Fit Mix 8:30
Senior class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

25

MONDAY

*Merry
Christmas*

26

TUESDAY

JCC CLOSED

27

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00
Woodcarving 6:00 pm

28

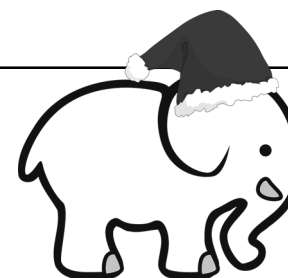
THURSDAY

SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
Senior Spin 4:30
Senior Yoga 2:00
LifeStream Lunch 11:30

29

FRIDAY

Senior Fit Mix 8:30
Senior class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm



12/19 at 11am
OPEN TO THE PUBLIC
Bring a gift that you
are no longer using

White elephant

gift exchange. ... The term **white elephant** refers to an extravagant but burdensome **gift** that cannot be easily disposed of, based on the legend of the King of Siam gifting rare albino **elephants** to courtiers who had displeased him, that they might be ruined by the animals' upkeep costs.