

Senior Calendar

August

2018



All senior classes and clubs are donation based for anyone 55years and older

Jay Community Center
115 E Water Street Portland, IN
JayCC.org • (260)726-6477

<p>1</p> <p><u>WEDNESDAY</u></p> <p>Boot Camp 8:30am Sarah's Class 10:00 Ping Pong 9-12 pm Pickleball 9-12 pm LifeStream Lunch 11:00</p> <p>Craft Club 1-2 Woodcarving 6:00 pm</p>	<p>2</p> <p><u>THURSDAY</u></p> <p>SilverSneakers Classic 10:00 Pickleball 9:00-12:00 Yoga w/ Paul 2:30pm LifeStream Lunch 11:00</p> <p>Card Club 1:00</p>	<p>3</p> <p><u>FRIDAY</u></p> <p>Senior Fit Mix 8:30 Judy & Sharon's Cardio Class 10:00 Ping pong 9 -12 pm Pickleball 9-12 pm</p>
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<p>6</p> <p><u>MONDAY</u></p> <p>Strength & Flex 8:30 Sarah's Class 10:00 Ping pong 9 -12 pm Pickleball 9-12 pm LifeStream Lunch 11:00</p>	<p>7</p> <p><u>TUESDAY</u></p> <p>SilverSneakers Classic 10:00 Woodcarving 10 am Knitting 10 am Pickleball 9:00-12:00 LifeStream Lunch 11:00</p>	<p>8</p> <p><u>WEDNESDAY</u></p> <p>Boot Camp 8:30am Sarah's Class 10:00 Ping Pong 9-12 pm Pickleball 9-12 pm LifeStream Lunch 11:00</p> <p>Woodcarving 6:00 pm</p>	<p>9</p> <p><u>THURSDAY</u></p> <p>SilverSneakers Classic 10:00 Pickleball 9:00-12:00 Yoga w/ Paul 2:30pm LifeStream Lunch 11:00</p>	<p>10</p> <p><u>FRIDAY</u></p> <p>Senior Fit Mix 8:30 Judy & Sharon's Cardio Class 10 Ping pong 9 -12 pm Pickleball 9-12 pm</p>
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August 13th-31st



13

MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9-12 pm
LifeStream Lunch 11:00

14

TUESDAY

SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9:00-12:00
LifeStream Lunch 11:00

15

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Pickleball/PingPong 9-12
LifeStream Lunch 11:00
Craft Club 1-2
Woodcarving 6:00 pm

16

THURSDAY

SilverSneakers
Classic 10:00
Pickleball 9:00-12:00
Yoga w/ Paul 2:30
LifeStream Lunch 11:00
Card Club 1:00

17

FRIDAY

Senior Fit Mix 8:30
Judy & Sharon's
Cardio class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

**SENIOR DAY
CELBRATION LUAU
11:00AM (carry-in)**

20

MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9:30-12 pm
LifeStream Lunch 11:00

21

TUESDAY

SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
LifeStream Lunch 11:00

22

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9:30-12 pm
LifeStream Lunch 11:00
Woodcarving 6:00 pm

23

THURSDAY

SilverSneakers
Classic 10:00
Yoga w/ Paul 2:30
LifeStream Lunch 11:00
Bingo 1:00—3:00

24

FRIDAY

Senior Fit Mix 8:30
Judy & Sharon's
Cardio class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm

**Movie Night
"Daddy's Home 2**

27

MONDAY

Strength& Flex 8:30
Sarah's Class 10:00
Ping pong 9 -12 pm
Pickleball 9:-12 pm
LifeStream Lunch 11:00

28

TUESDAY

SilverSneakers
Classic 10:00
Woodcarving 10 am
Knitting 10 am
Pickleball 9-12pm
LifeStream Lunch 11:00

29

WEDNESDAY

Boot Camp 8:30am
Sarah's Class 10:00
Ping Pong 9-12 pm
Pickleball 9--12 pm
LifeStream Lunch 11:00
Woodcarving 6:00 pm

30

THURSDAY

SilverSneakers
Classic 10:00
Yoga w/ Paul 2:30
Pickleball 9-12pm
LifeStream Lunch 11:00

31

FRIDAY

Senior Fit Mix 8:30
Judy & Sharon's
Cardio class 10
Ping pong 9 -12 pm
Pickleball 9-12 pm