

June 2018

Mon	Tue	Wed	Thu	Fri	Sat
				1 CYCLING -Angie 6:00am	2 HARD CORE Dawn 10:00am Upstairs Room
4 RHYTHMS&FLAWSJosie4:30pm SPINNING- Laurette 5:00pm YOGA-Brooke 5:30pm	5 SPINNING-Nancy 3:45pm HARD CORE-Dawn 4:30pm TABATA-Susan 6:00pm	6 CYCLING-Angie 6:00am RHYTHMS&FLAWSJosie4:30pm SPINNING-Laurette 5:00pm	7 SPINNING-Nancy 3:45pm HARD CORE -Dawn 4:30pm TABATA-Susan 6:00pm	8 CYCLING -Angie 6:00am	9 HARD CORE Dawn 10:00am Upstairs Room
11 RHYTHMS&FLAWSJosie4:30pm SPINNING-Laurette 5:00pm YOGA-Brooke 5:30pm	12 SPINNING-Nancy 3:45pm HARD CORE-Dawn 4:30pm TABATA-Susan 6:00pm	13 CYCLING-Angie 6:00am RHYTHMS&FLAWSJosie4:30pm SPINNING-Laurette 5:00pm	14 SPINNING-Nancy 3:45pm HARD CORE -Dawn 4:30pm TABATA-Susan 6:00pm	15 CYCLING-Angie 6:00am	16 HARD CORE Dawn 10:00am Upstairs Room
18 RHYTHMS&FLAWSJosie4:30pm SPINNING-Laurette 5:00pm YOGA-Brooke 5:30pm	19 SPINNING-Nancy 3:45pm HARD CORE-Dawn 4:30pm TABATA-Susan 6:00pm	20 CYCLING-Angie 6:00am RHYTHMS&FLAWSJosie4:30pm SPINNING-Laurette 5:00pm	21 SPINNING-Nancy 3:45pm HARD CORE -Dawn 4:30pm TABATA-Susan 6:00pm	22 CYCLING -Angie 6:00am	23 HARD CORE Dawn 10:00am Upstairs Room
25 RHYTHMS&FLAWSJosie4:30pm SPINNING-Laurette 5:00pm YOGA-Brooke 5:30pm	26 SPINNING-Nancy 3:45pm HARD CORE-Dawn 4:30pm TABATA-Susan 6:00pm	27 CYCLING-Angie 6:00am RHYTHMS&FLAWSJosie4:30pm SPINNING-Laurette 5:00pm	28 SPINNING-Nancy 3:45pm HARD CORE -Dawn 4:30pm TABATA-Susan 6:00pm	29 CYCLING -Angie 6:00am	30 HARD CORE Dawn 10:00am Upstairs Room