

# March 2018

Mon	Tue	Wed	Thu	Fri	Sat
1	2		1 Boom- 12:00 SPIN-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6pm	2 <b>CYCLING- Angie 6:00am</b>	3 <b>HARD CORE Dawn 10:00am</b>
5 <b>RYTHMS&amp;FLAWS- Josie 4:30pm SPINNING- Laurette 5:00pm</b>	6 Boom- 12:00 SPIN-Nancy 3:45 HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm YOGA-Eric 6:00pm YOGA-Eric 7:15pm TABATA-Susan 5:30	7 <b>CYCLING-Angie6:00am YOGA-Tonja 4:30pm RYTHMS&amp;FLAWS- Josie 4:30 LINE DANCING-Jaime 6:00pm-8:00pm SPINNING-Laurette 5:00pm</b>	8 Boom- 12:00 CYCLING-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6pm	9 <b>CYCLING- Angie 6:00am</b>	10 <b>HARD CORE Dawn 10:00am Upstairs Room</b>
12 <b>RYTHMS&amp;FLAWS- Josie 4:30pm  SPINNING- Laurette 5:00pm</b>	13 Boom- 12:00 SPIN-Nancy 3:45 HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm YOGA-Eric 6:00pm YOGA-Eric 7:15pm TABATA-Susan 5:30	14 <b>CYCLING-Angie6:00am YOGA-Tonja 4:30pm RYTHMS&amp;FLAWS- Josie 4:30 LINE DANCING-Jaime 6:00pm-8:00pm SPINNING-Laurette 5:00pm</b>	15 Boom- 12:00 CYCLING-Nancy 3:45pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6pm	16 <b>CYCLING- Angie 6:00am</b>	17 <b>HARD CORE Dawn 10:00am Upstairs Room</b>
19 <b>RYTHMS&amp;FLAWS- Josie 4:30pm SPINNING- Laurette 5:00pm</b>	20 Boom- 12:00 SPIN-Nancy 3:45 HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm YOGA-Eric 6:00pm YOGA-Eric 7:15pm TABATA-Susan 5:30	21 <b>CYCLING-Angie6:00am YOGA-Tonja 4:30pm RYTHMS&amp;FLAWS- Josie 4:30 LINE DANCING-Jaime 6:00pm-8:00pm SPINNING-Laurette 5:00pm</b>	22 Boom- 12:00 CYCLING-Nancy 3:45 pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6pm	23 <b>CYCLING- Angie 6:00am</b>	24 <b>HARD CORE Dawn 10:00am</b>
26 <b>RYTHMS&amp;FLAWS- Josie 4:30pm  SPINNING- Laurette 5:00pm</b>	27 Boom- 12:00 SPIN-Nancy 3:45 HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm YOGA-Eric 6:00pm YOGA-Eric 7:15pm TABATA-Susan 5:30	28 <b>CYCLING-Angie6:00am YOGA-Tonja 4:30pm RYTHMS&amp;FLAWS- Josie 4:30 LINE DANCING-Jaime 6:00pm-8:00pm SPINNING-Laurette 5:00pm</b>	29 Boom- 12:00 CYCLING-Nancy 3:45 pm HARD CORE-Dawn 4:30pm HARD CORE-Dawn 5:45pm TABATA-Susan 6pm	31 <b>CYCLING- Angie 6:00am</b>	

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