

October 2020

Mon	Tue	Wed	Thu	Fri	Sat
			1.	2. <i>CYCLING</i> Angie 6:00am	3.
5. SPINNING Laurette 5:00pm	6. HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm	7. CYCLING- Angie 6:00am SPINNING- Laurette 5:00pm	8. HARD CORE- Dawn 4:30pm YOGA- Hannah 5:30pm	9. <i>CYCLING</i> Angie 6:00am	10.
12. SPINNING Laurette 5:00pm	13. HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm	14. CYCLING-Angie 6:00am SPINNING-Laurette 5:00pm	15. HARD CORE- Dawn 4:30pm YOGA- Hannah 5:30pm	16. <i>CYCLING</i> Angie 6:00am	17.
19. SPINNING Laurette 5:00pm	20. HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm	21. CYCLING-Angie 6:00am SPINNING-Laurette 5:00pm	22. HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm	23. <i>CYCLING</i> Angie 6:00am	24.
26. SPINNING Laurette 5:00pm	27. HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm	28. CYCLING-Angie 6:00am SPINNING-Laurette 5:00pm	29. HARD CORE-Dawn 4:30pm YOGA- Hannah 5:30pm	30. <i>CYCLING</i> Angie 6:00am	31.